**Appendix**

**Clean Transcript: “**[**Advanced English Conversation About Travel [The Fearless Fluency Club]**](https://www.youtube.com/watch?v=bZYwZDqdsas)**”**

**Instructions:** Space can be created in the margin of this transcript for students to take notes on how backchanneling is used. Alternatively, the space between the lines can be increased to allow them to take notes.

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**Vanessa (V):** So the topic for today is reverse culture shock, and maybe some people know about what culture shock is but how would you describe reverse culture shock?

**Sherice (S):** Reverse culture shock is when you go from the country you've been living in, a foreign country…let's say South Korea. You come back to your home country and then all of a sudden everything feels foreign as if you were returning to a foreign country, not your home country. You don’t connect with people. You feel very different.

**V:** You feel disconnected from what used to be really normal for you.

**S:** Exactly.

**V:** And that's a terrible feeling, because you feel like, oh I should be going home. I should be really comfortable and then you feel really weird.

**S:** Exactly. So you don't expect it. You’ve heard of culture shock, but reverse culture shock is something you're not expecting, because you don't prepare for it. It makes it harder.

**V:** Like maybe culture shock…I don’t know. Have you ever felt culture shock like regular culture shock when you moved to Argentina or France or Korea? Did you feel like, hey is a new culture?

**S:** I definitely did to an extent. It wasn't…because you're preparing for, you know, you're going to another country. You're gonna feel discomfort of some sort, and you're expecting to feel it. I think you can prepare more for this culture shock. But reverse culture shock… you're not ready. You're not prepared and it just hits you.

**V:** Yeah. Especially when you go to another country and you know you're going to live there for a while, you probably do a lot of preparation. Like I know when we moved to Korea, I was watching videos all the time about Korea and what's life like…some of the language…like some cultural different stuff. But we only came back to the U.S. I didn't think about that at all. It's just like, oh it's just the U.S. It’s my home country.

**S:** So it's… it's definitely real. It's definitely there and that's something that you don't think about so…